Psychological Counselling Centre for all CU International Students
Provides quality services to help get you through the challenges that you may face in emotional, interpersonal, and academic/career–choice situations.

WHERE: Zvoničkova 5, Praha 6 (dormitory Hvězda, block 3)
WHEN:
Friday 8.00 - 11.00 individual clients
Friday 11.00 - 12:30 Development and self-discovery group for both, Czech and international students

To make an appointment, please see the website here: https://sites.google.com/site/ipscuk/
Contact to our counsellor Mgr. Milan Polák is: counsel@ruk.cuni.cz

Students Counselling Centre for students of the First Faculty of Medicine
Department of Psychiatry, Ke Karlovu (ground floor), Prague 2
Please arrange your appointment in advance: Ph.Dr. Radek Ptáček, Ph.D.
Phone: +420 224 965 319, e-mail: radek.ptacek@lf1.cuni.cz

Students Counselling Centre – Third Faculty of Medicine
at the Department of Child Health Promotion - building no. 19, 3rd floor, room 306
CONTACT PERSON:
Doc. MUDr. Dagmar Schneidrová, CSc.
E-mail: dagmar.schneidrova@lf3.cuni.cz
Phone: +420 267 102 340
Consultations: Wednesday 10.00 - 12.00, 13.00 - 16.00 upon previous agreement via email or phone

PROVIDED SERVICES:
Counselling on personal development and stress management
assistance in adaptation to new study and living conditions
assistance in a difficult personal situation
stress management and support of a healthy lifestyle
Study counselling
assistance in solving study issues
assistance in identifying an effective learning style
Counselling on quitting smoking
Reference to specialized services (crisis intervention, psychiatric consultation, pharmacological support of quitting smoking, etc.)

Stress management programme for university students on the Faculty website
(FOR STUDENTS – Vademecum – General and Useful Information - - Student Counselling Centre at the Department of Child and Youth Health) or here

Students Counselling Centre – Faculty of Arts (primarily for students of the Faculty of Arts)

(click here for more information) (The information is in Czech but some counsellors are able to provide services in English, too)
Contact: Hedvika Boukalová, hedvika.boukalova@ff.cuni.cz
Address: Celetná 20, room 207a, Prague 1
Phone: (+420) 221 619 675