
I'm an academic at Charles University

Psychological counselling

Are you suffering from **psychological problems**? Do you need **psychological counselling** in connection with the war in Ukraine? Expert individual consultations are provided by the [Carolina Centre](#) . You can make an appointment via [the app](#) . If you have not found an available appointment in the app, please e-mail to poradny@cuni.cz , we will try to arrange a consultation as soon as possible.

A link to off-campus crisis services can be [found here](#).

Staff Welcome Centre

Our team is here for all international employees who come to work at Charles University for more than three months. Our goal is to minimise the bureaucratic burden connected with moving to Czechia and to support you throughout your stay here. We can help you and your family with:

- residency formalities including extensions
- applying for a temporary protection
- accommodation at university and private facilities
- medical services including health insurance
- finding suitable schools for your kids
- assistance with practical issues related to life in Czechia (opening a bank account etc.)
- orientation in the university environment
- integration into the CU community